

# Time for the **EPPC**



## **European Primary Prevention Conference!**

Welcome to a conference where we focus on early tobacco-alcohol-drug prevention in order to help the youngsters and their families to avoid all sad consequences of all drugs.

Invitation - to be forwarded...

We, NGO SMART and partners, are happy to invite you (and your colleagues and networks) to The European Primary Prevention Conference. It will be held in Tallinn, the beautiful capital of Estonia, in the spring of 2013.



**Venue: Tallinn Health Care College**

**Dates: April 22-23, 2013**

**Languages: English (and Russian)**

**Hotels: We will get reductions for you**

**Conference fee: € 50 (incl meals)**

**Organizers: NGO SMART (Swe) with ECAD, European Cities Against Drugs, Foundation for School Health Care (Est) (and many more to join in)**

See next page for more information and how to sign up - and to spread the news.



# Welcome to The European Primary Prevention Conference!

## What is primary prevention?

To prevent a problem (like tobacco, alcohol, narcotics) before the problem occurs. Often you approach *all* youngsters ("universal" prevention) through schools. Or their parents. Or sports clubs.

So we will not tackle severe drug problems, treatment etcetera. We will share positive methods and successful examples to learn from each others in a relaxed and social environment.

## Keynote speakers and topics

Jón Sigfússon, Reykjavik University, "Youth in Europe"

Monica Barzanti, San Patrignano, "We Free project"

Aake Paalshammar, Uppsala Univ., "The Teenage Brain"

Ywonne Wiklund, Health Promotion, "Tobacco Free Duo"

Aurelijus Veryga, Kaunas Univ., "Advocacy, promotion"

- ◇ **The important role of the parents in prevention - with love and boundaries.**
- ◇ **Are there connections between tobacco - alcohol - narcotics, use and abuse?**
- ◇ **Sharing and networking!**

**A highly ranked representative of WHO (name to be confirmed) will enlighten us on the Framework Convention on Tobacco Control, ratified by 176 countries.**

[www.eppc.se](http://www.eppc.se)

The conference website

will open any day now. It will be updated successively with info on hotels, lecturers and the entire programme. As a bonus for all those who arrive on *Sunday the 21st*, we invite you to a free get-together after your dinner.



What happens inside that ... vehicle? ^  
And who is that Harold they all talk about?

So, please, mail SMART and give us your e-mail, as well as e-mails of others who might be interested in proper invitations with more specifications and new lecturers as well as information on accommodation, entertainment etcetera. Help us spread the word all over Europe!

Info: NGO SMART, [smart@smart.org.se](mailto:smart@smart.org.se), (+46 8742 1000, +46 70 89 89 489, Slim Liden)

**Sign up for the EPPC!** Registry is now open.

Use our simple signup form and pay safely with Payson. (Swedish currency SEK 450 equals € 50 approximately.) [If you mail us your e-mail address you will get the link in digital form.]

<http://simpleeventsignup.com/event/16230-european-primary-prevention-conference-eppc>

Just check it out, first of all. As soon as possible, please register, so we know you're coming!

*These results from Iceland will be presented, explained and discussed at the EPPC.*

Reduced substance abuse amongs 15 to 16 year old

