

Nusroto Al- Anashid Association

Rehabilitation – Prevention

Lebanon

www.nusroto.org

Prevention Strategies Lebanon

Presented by

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Our prevention program aims at :

- Empowering individuals with knowledge
- Attitudes and skills to make healthy choices
- Live life fully without drugs
- building the capacities of youth, families, educators and community members to act as partners in drug prevention.

Our prevention strategy is focused on:

- Health promotion
- Community development.

Our work is based on:

an ecological approach targeting the individual, social and environmental factors for substance abuse, by involving youth of all ages, as well as their peers, parents, teachers, professionals and communities.

Prevention's approaches:

- Primary prevention
prevention use
- Secondary prevention
helping those involved in Drug use
- Tertiary prevention
For who haven't yet decided to quit using Drugs

Our prevention includes:

- several prevention programs that target various beneficiaries through the implementation of skill-based training workshops
- Life skills education
- Awareness sessions and events
- Peer-to-peer education
- Forums
- Prevention campaigns

YOUTH AWARENESS PROGRAM:

An awareness program that seeks to shed light on the issue of drug addiction and to highlight its risks, through awareness sessions, activities and daylong events, and the production of information-education communication material.

YOUTH CONNECTION:

A peer-to-peer initiative that promotes positive youth development and the mobilization of youth to spread anti-drug messages:

- Skill-based training workshops
- Tool development
- Peer education activities.

Parents program:

A parent-based intervention aiming to increase parental awareness and promote positive parent-child communication through:

- Training workshops on parenting skills
- Awareness sessions and the sharing of information
- Education and communication material

SAIL

(Skills For Adolescence to Improve Life):

A skill-based learning program based on social and emotional learning. It offers teachers and educators the possibility to incorporate life skills education within their school or organization's planning, through trainings and monitoring.

CAR

(CREATING AGENTS OF PREVENTION):

A program aiming at building capacities of communities and institutions to set a sustainable drug prevention strategy and plan, implement and evaluate drug prevention projects and activities, through training and monitoring.

Many elements can promote Drug use prevention :

- Media campaigns (T.V., Radio, Social media, Flyers...)
- Protective legislation
- Religious legislation

Success Stories:

- Awarded the 5th European Drug Prevention Prize of the Pompidou Group in 2012 for innovative work in drug prevention with the active involvement of youth through the Youth Connection Program.
- Granted an award of distinction in 2015 in the field of drug prevention from the president of the Arab Organization for Drug Prevention.

Thank you for listening

Nusroto Al- Anashid Association Rehabilitation – Prevention

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