



International Federation of Non-Government Organisations
for the Prevention of Drug and Substance Abuse

預防藥物與物質濫用
非政府組織國際聯盟

East African Regional Forum

Asian Experiences on drug demand Reduction

SOUTHEAST ASIA & ASEAN COUNTRIES

06/02/2020

What is IFNGO

www.ifngo.info


- IFNGO – International Federation of Non-Governmental Organizations for the prevention of Drug and Substance Abuse
- Launched in 1981, Kuala Lumpur, Malaysia
- Currently IFNGO has 17 members countries involved, 22 organizations
 - South Africa
 - Sudan
- Prevention, Treatment, Harm Reduction and Drug Policy
- Ecosoc, member of the VNGOC
- Currently IFNGO has been cooperating with the UNODC Regional Office in delivering workshops, training on Treatment and Prevention
- ASEAN Workshop (Jakarta, November 2019, International Conference (Beijing, May, 2019)
- Next one, 2021, Singapore, September, host by SANA, Singapore

Drug Policy

- Southeast Asia its well know for their harsh drug policy, heavy sentences for trafficking (Death Penalty), drug compulsory and Isolation treatment centers, work labor force inside the treatment centers, heavy prison sentences for drug consumption and extra judicial killings
- Zero Tolerance it's the statement of the ASEAN Countries
- 16 countries in Asia retain the death penalty for drug related activities
- Compulsory Rehabilitation Detention (Cambodia, China, Indonesia, Lao PDR, Malaysia, The Philippines, Singapore, Thailand, Vietnam)
- Corporal Punishment (Brunei Darussalam, Indonesia, Malaysia, Maldives, Singapore)
- Forced urine test (Bangladesh, Cambodia, China, Indonesia, Lao PDR, Malaysia, Myanmar, Pakistan, The Philippines, Singapore, South Korea, Sri Lanka, Thailand, Vietnam
- Mandatory Registration (Brunei Darussalam, Cambodia, China, India, Indonesia, Japan, Lao PDR, Malaysia, Pakistan
- Philippines, 27,000 killings by Police or unidentified assailants since June 2016
- 287 Million methamphetamine tablets seizes in 2015 VS 3.1 Million in 2018
- Myanmar Opium poppy Cultivation increase 29%
- HIV in South Asia increase 10.3% among the people that Inject Drugs

Drug Policy

- Reality, despite the harsh, disproportionate and cruel punishment brought by the war on drugs, we continue assisting an increase of drug consumption & drug trafficking
- Some countries in Asia starting to debating alternatives to prison, decriminalization, more humanitarian approach instead a criminal approach and understand Harm Reduction it's a necessary part of the recover of the person
- China itself its starting to substitute work labor force by a more medical and exercise approach, yet, still missing the human, care, love approach



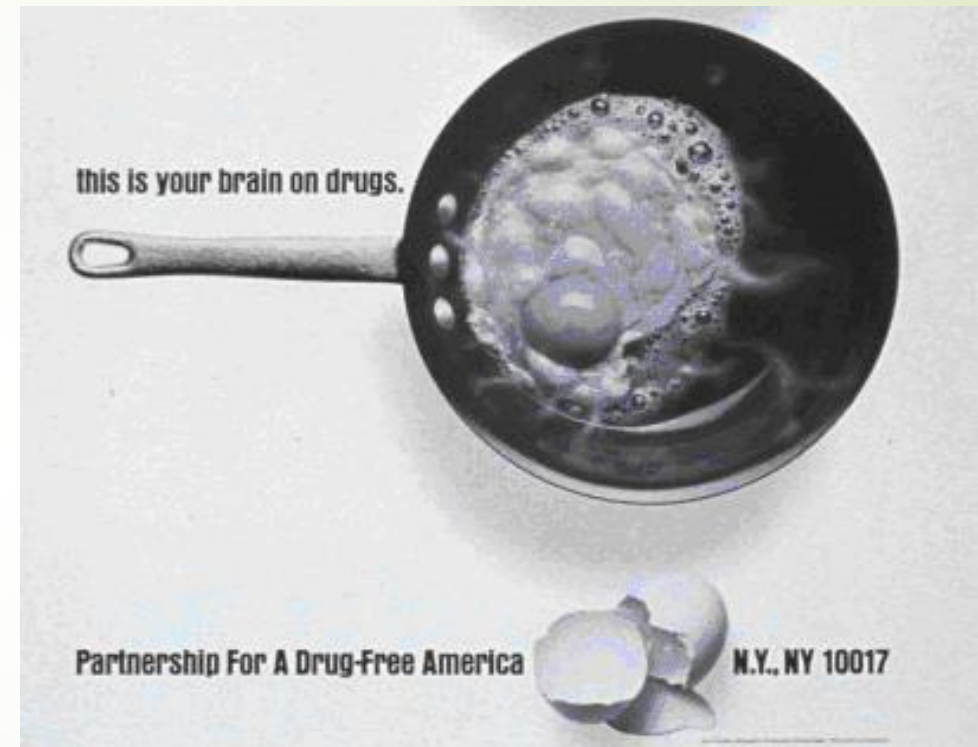
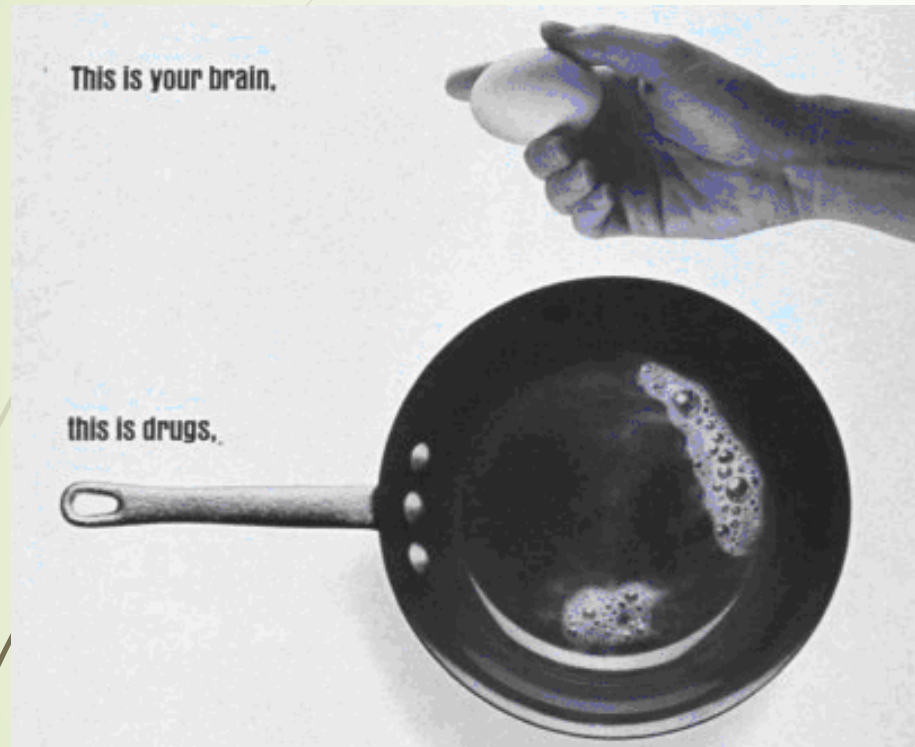
What doesn't work on drug demand reduction

- Imprisonment for people that use drugs
- Mandatory Drug treatment
- Laws that create fear, stigma and push away the PWUD from the health legal system
- Laws that penalize HIV and Hep C, sexual orientation, sex workers that use drugs
- Lack or inexistent of services, like NSP, Methadone
- Lack or inexistent and poor Drug Treatment Services
- Drug prevention based on fear and unreal factors
- Lack of cooperation between NGOs and GOs
- Lack or inexistent funding from the Government

What doesn't work on drug demand reduction



“This is your brain on drugs, this doesn’t work!”



Augusto Nogueira

artm@macau.ctm.net

www.artmmacau.org

What can bring good results

- Community based Services
- Evidence Based Prevention programs
- TC - Therapeutic Communities
- Drug Policy (Prevention, Treatment, Harm Reduction and law enforcement,)
- Humanitarian/health approach instead of a criminal
- Alternatives to prison
- NSP, Methadone etc
- Working, cooperation, Commission Groups that involve different sectors from the Government and NGOs
- Family Support groups
- Community Support



Some Examples of Asia / ASEAN

Drug Demand Reduction in Macau

Macau Government and NGOs work together in developing prevention strategies, research, treatment, harm reduction, drug policy

- Narcotics Commission
- AIDS Commission
- Youth Drug Commission
- Drug Law Follow up Commission
- NGOs and Government Quarterly Meeting
- Smart Family Newsletter, Family Support
- Life Education, Giraffe Harold



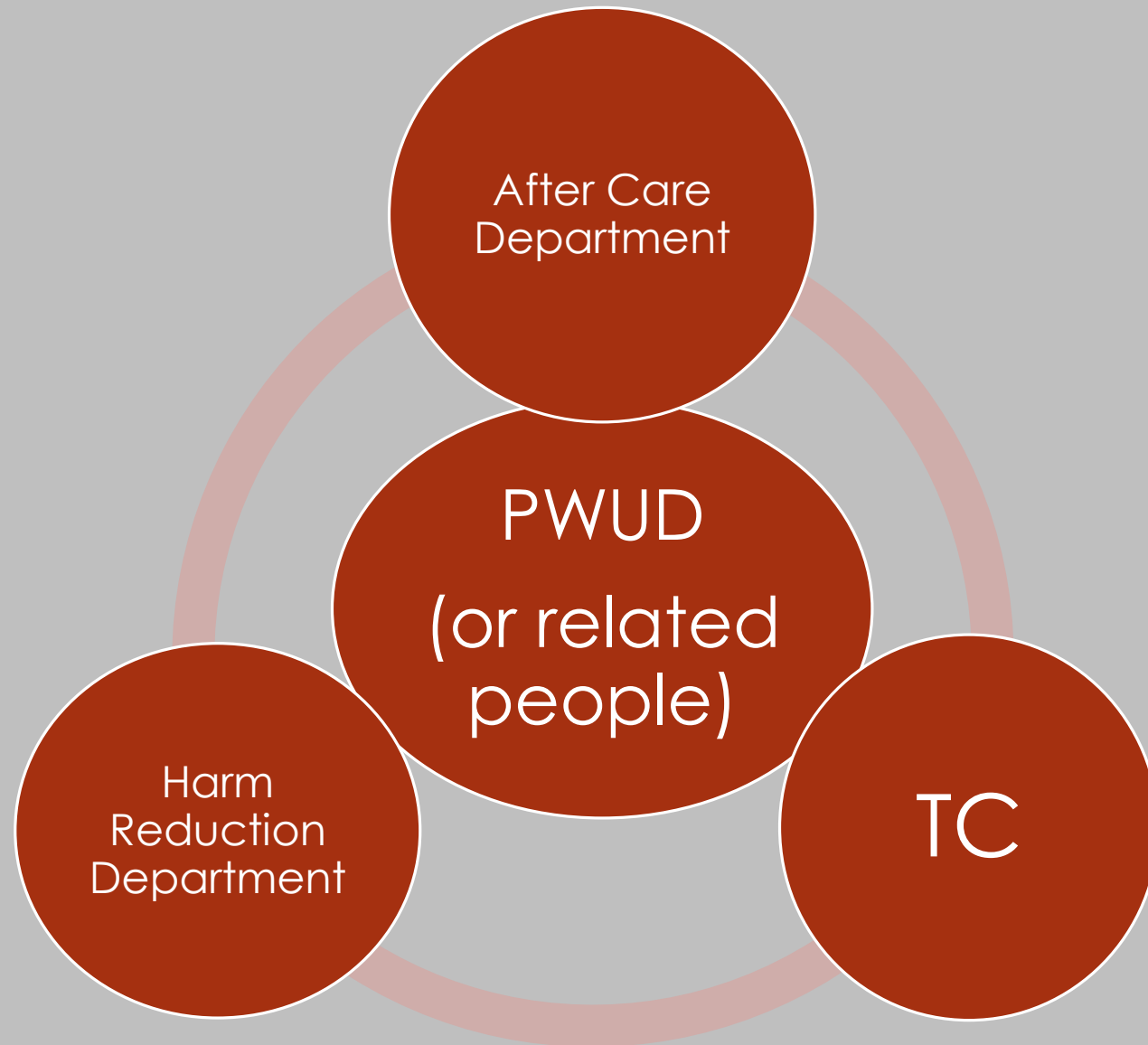
Community Linkage



ARTM Therapeutic Community - Macau



ARTM Treatment & Care



Community-Based Service Model



Therapeutic Community



Diversified Programmes

- Standardized Residential Rehabilitation
- Short-Term Programmes
- Methadone-To-Abstinence Residential
- Social Aids & Special Care
- Mother-Child Programme
- Inpatient Probation Programme





Therapeutic Community (Male & Female)

- Bio-Psycho-Social Model
- Diversified Programmes
- Case Management & Counseling
- Assess Individual Needs
- Reintegration-Oriented
- Medical Support



After Care Department



After Care

- After Residential Programmes
- Probation Cases
- Relapse Prevention
- Social Aids & Reintegration
- Methadone Support & Referral
- Outpatient Probation Program
- Family Support Groups

Family Group Support Meeting

Confidential and non-judgmental place for families of people that use drugs or alcohol to discuss common issues about dealing with dependency within the family

Purpose:

- ✓ Let families know that they are not alone or forgotten;
- ✓ Allow people to relate to each other and learn, by sharing experiences and feelings;
- ✓ Empower families to work on solving their own problems
- ✓ Support to families to rebuild trust
- ✓ Support families to cope with the eventual relapse



Harm Reduction Department



Outreach & Harm Reduction

- Needle Syringe Programme (Site & Mobile)
- Harm Reduction Education & Services
- Outreach & Referral
- Case Management
- Nursing & Medical Assistance including HIV/AIDS
- Neighbour & Community Support



HR into the Community



Current situation of HIV Infections per year among IDUs

	2003	2004	2005	2006	2007	2008
HIV / IDU	1	18	10	8	1	3
Total	24	30	23	28	21	22

	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
HIV / IDU	3	5	4	4	2	2	1	0	0	0	0
Total	17	27	21	33	28	48	39	45	33	37	11

The number of new infections resulting from injecting drug use in Macao has now fallen from 18 in 2004 (accounting for 60% of the total) to 0 in 2019 (0% of total).

NSP 2008 - 2019

Year	Distribute	Return	Return rate
2008	2,069	4,564	220%
2009	47,844	45,523	91%
2010	75,863	67,506	89%
2011	70,759	65,256	92%
2012	53,528	42,767	80%
2013	40,014	35,811	89%
2014	9,422	8,709	93%
2015	14,239	11,392	82%
2016	18,270	12,082	65%
2017	23,976	18,654	78%
2018	15,497	12,896	83%
2019.05	4,690	5,011	107%

A total 311,336 used syringes were recovered

How many HIV new infections were avoid?

How much money was save in HIV treatment?

The NSP Program and the Methadone Maintenance Programme are responsible for the 4th consecutive years of ZERO infection of HIV/AIDS among PWUD by Injection 2016 to 2019

Prevention – BeCool Project

Integrative Prevention

- Preventive Talks
- Family Workshops
- School Workshops
- Community Engagement
- Youth Activities
- Youth Development
- Cultural Diversity



HIV / AIDS

✓ Safe Sex Education



Hong Kong's experience in drug rehabilitation

The society for the Aid and Rehabilitation
of Drug Abusers (SARDA)



Scope of Service

The Society for the Aid and Rehabilitation of Drug Abusers (SARDA) in Hong Kong

- **Seamless, one-stop-shop service to potential service users and clients**
 - Recruitment, vocational training, studies, interest class, work therapy, pet therapy, after care counseling, support for family members.
- **Operates on medical, psycho-social model**
 - Professional staff: doctors, nurses, social workers, peer-counsellors(rehabilitated clients pool)
- **Half-way Houses**
- **Preventive Education & Publicity**
 - Anti-Drug Preventive Education Centre
 - Programmes for school teachers and youth mutual support and community service
- **Self-Help Association**
- **Methadone Treatment Counselling Service**



“No Drug Addict Left Behind”-Rehabilitation & Treatment Service by SARDA in Hong Kong

Shek Kwu Chau Rehabilitation & Treatment Centre



Adult Female Rehabilitation Centre



Au Tau Youth Centre



Sister Aquinas Memorial Women's Treatment Centre

Methadone Treatment Programme Counselling Service by The Society for the Aid and Rehabilitation of Drug Abusers (SARDA) in Hong Kong

Provide individual and group counselling service for methadone patients and their families
/children under 19 methadone clinics in Hong Kong



Case study: The Hong Kong Methadone Maintenance Program by WHO

Hong Kong has had a methadone maintenance treatment program since 1972. The program was started in response to rising levels of drug use. More recently, the program has been crucial to controlling the HIV epidemic. Hong Kong methadone clinics have several important characteristics that make them easy for drug users to access:

- Low cost of treatment – HK\$1 (about 12 US cents) per clinic attendance
- Open seven days per week and are open from early in the morning to late at night
- Operate on a “low threshold” model – this means that there are few conditions that patients must meet to begin treatment
- Non-judgmental approach that includes providing harm reduction information and condom

Research conducted with patients of the Hong Kong methadone program has shown that patients who attend the clinic regularly show reduced levels of drug injecting and HIV risk behaviors. It has also been shown that patients receiving methadone doses of greater than 60mg per day were less likely to use or inject drugs than patients receiving doses of less than 60mg per day.

World Health Organization. 2009.

Clinical guidelines for withdrawal management and treatment of drug dependence in closed setting. P.74.



NO BUDGET FROM THE
GOVERNMENT

Psychology Component

Specialized Groups

- Positive Support Group
- Anger Management
- Sex, Gender and Sexuality Group
- In House Narcotics Anonymous (N.A.)
- Personal (PROBE Session)
- Relapse Prevention Group
- Women's Group
- Conflict Resolution Group



Social Component

- Work Therapy
- Social Event & Activities



Spiritual Component

- Religious Values
- Moral Values
- Behavior values
- Religious Practices



Family integration

- Family integrations
- Individual Counseling (based on needs)
- Family resolution sessions
- Intensive Family Therapy Seminars
- Family Support Group



AFTERCARE SERVICES



Conclusions

Prevention Works, but we cannot forget that there's other factors that can lead to the experimentation

- Treatment its not complicated, human being just prefer the easier
- Lack of public health services, cannot be an excuse to exclude the treatment, must be a challenge to improve and help the country services
- Prevention works, but we cannot forget eventually someone will be trying and might be a dependent and will need adequate support, treatment and help
- Prevention works, but we need to be realistic and truthful when we are providing
- We can reduce drug use and supply in our communities, but we need to fight as well the corruption, the lack of treatment, the lack of harm reductions measures, the lack of human values, the puberty
- Drug Strategies need to be build as a whole (prevention, treatment, harm reduction, policy and law enforcement)
- No one should be sentence to prison solely because of using drugs, alternatives should be consider
- Families obvious play an important role in preventing, but also in supporting those ones in recover
- Its you obligation as an NGO to help and challenge your government to improve the services and improve the drug policy laws



International Federation of Non-Government Organisations
for the Prevention of Drug and Substance Abuse

預防藥物與物質濫用
非政府組織國際聯盟

- www.ifngo.info
- Augusto Nogueira
- President of IFNGO
- augusto@ifngo.info
- Thank you very much!
 - Weebale Nyo